

Støttesenter mot Incest – Oslo (SMI)/The Support Centre for Victims of Incest – Oslo is a private self-help organisation that is chiefly run and managed by women who have been the victims of sexual abuse and by mothers of incestuously victimized children.

WE HAVE VARIOUS PROGRAMMES FOR:

- Incestuously victimized girls from 12 years of age
- Incestuously victimized adult women
- parents/guardians of an incestuously victimized child
- Partners
- Relatives
- Professionals
- Students

WHAT IS INCEST?

We define incest as “sexual abuse perpetrated by someone whom the child knows and trusts.” The perpetrator could be the father, mother, brother, sister, another family member, a neighbour, teacher or someone else. Sexual abuse can be anything from fondling the genitals to masturbation, oral sex and sexual intercourse.

You can contact us anonymously. Everyone at SMI Oslo is bound by the duty of confidentiality.

We are politically and religiously neutral.

PROFESSIONALS:

Do you work on incest cases in the health, care or social services? Do you come into contact with incestuously victimized people in school, the courts or in another way? Do you find that incest cases are especially difficult and straining? **Contact us!**